



LIVING
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Partnership Working in Practice



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HEALTH & WELLBEING THEMATIC SUMMIT



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Protect Life Implementation Groups(PLIGs)

PROTECT LIFE 2

Protect Life 2 Strategy

Aims

1. Reduce the suicide rate in Northern Ireland by 10% by 2024.
2. Ensure suicide prevention services and support are delivered appropriately in deprived areas where suicide and self-harm rates are highest



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PL2 Governance Structure

Ministerial
Coordination
Group



REGIONAL
Protect Life 2
Steering Group

- Strategy Work Streams
- Task & Finish Groups



5 Locality
Protect Life
Implementation
Groups (PLIGS)

- Community of interest
- Sub-group(s)
- Task and Finish groups

PROTECT LIFE 2

PLIG Purpose

- To ensure effective implementation of PL2 at local level in a way that takes account of local needs and assets.
- To develop local action plans based on the Protect Life 2 action plan, and oversee delivery of these plans.

Protect Life 2 – PLIG focus

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Objectives

1. A collaborative, co-ordinated cross departmental approach

2. Improve Awareness

4. Enhance Community Capacity

9. Ensure the provision of effective support

POCKET GUIDE

Protect Life 2 suicide prevention
and bereavement services
available across the South
Eastern area.

Public Health Agency
12-22 Linenhall Street, Belfast, BT2 6BS
Tel: 0300 555 0114
www.publichealth.hscni.net



This leaflet has been produced by South Eastern Area Protect Life Implementation Group, a strategic partnership established to address the objectives of the Protect Life 2 Strategy. It contains information on suicide prevention and support services available across the South Eastern area which are funded by the Public Health Agency. *

This leaflet is produced alongside an animated video which provides information on SPELIG and can be accessed at:

Each of the organisations have a QR code that will take you directly through to the

relevant website and Facebook page when scanned. Alternatively, just follow the website links provided.

* There are also a range of other organisations that can support you on your wellbeing journey. You can access further information and resources at: www.mindingyourhead.info



Project supported by the PHA

PROTECT LIFE 2



Group Role





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SD1 & CRP Process

Collaboration and Partnership In Action

PROTECT LIFE 2





SHSCT Locality Current Context

SPLIG members have agreed 4 overarching themes that will guide our collective efforts and align with the relevant Protect Life 2 Objectives



PROTECT LIFE 2

SD1 Process

PSNI Attend Scene of Sudden Death –
Suicide Suspected

SD1 Form Completed (within 48 hrs) – Help is at
Hand left with Family/NOK

SD1 Sent by OCMT to Trust & PHA Emails

Trust/PHA Review SD1

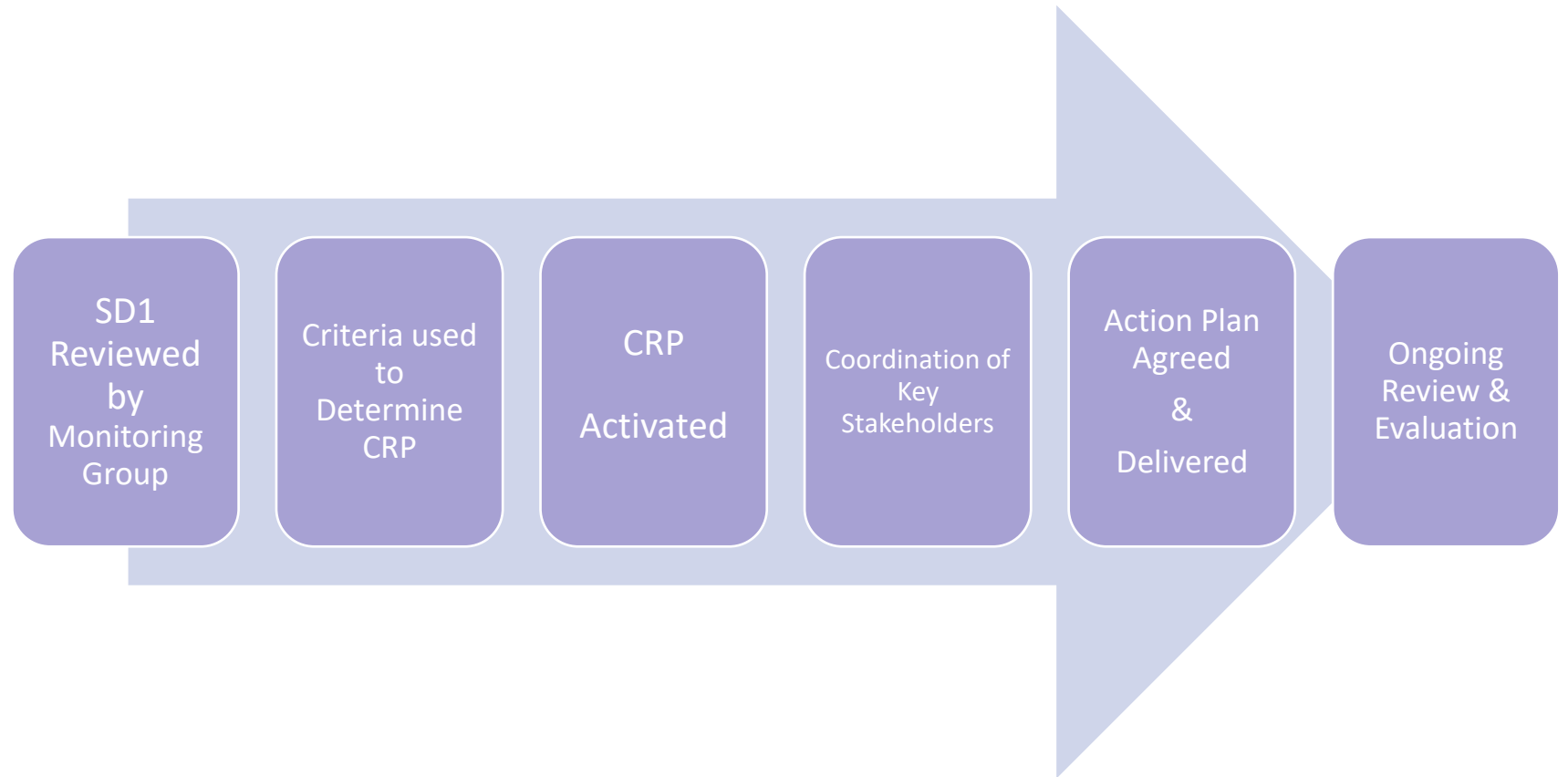
Trust Initiate SD1 Review/Supports

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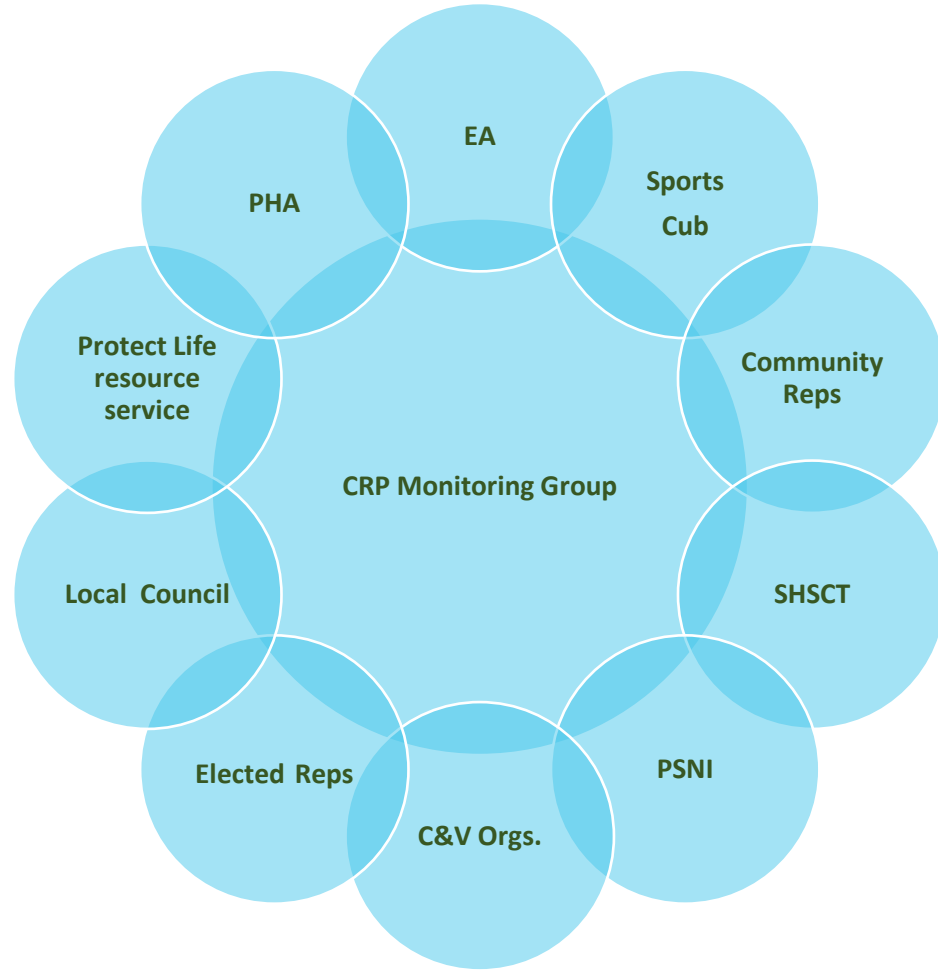
Community Response Plan



PROTECT LIFE 2



Case Study: SHSCT locality



Contacts & Links

https://southerntrust.hscni.net/wpfd_file/splig-action-plan-2022-24

Contacts:

- Gemma Maher – SHSCT Protect Life Co-ordinator- Southern PLIG
gemma.maher@southerntrust.hscni.net
- Katie Blair – PHA Senior Health and Wellbeing Improvement Officer – South Eastern PLIG katie.blair@hscni.net

Lifeline

Lifeline is Northern Ireland's crisis response helpline for people experiencing distress or despair. Lifeline is available 24 hours a day, 7 days a week, every day of the year.

- Call: 0808 808 8000
- Textphone: 18001 0808 808 800 (Textphone can be accessed using the Relay UK app)
- British and Irish Sign Language users can also use the [SignVideo app](#). If English is not your first or preferred language, Lifeline can access translators to [speak to you in your preferred language](#).

Calls to Lifeline are free. Lifeline provides support to people of every age, gender, nationality, ethnicity, religion, disability and sexual orientation living in Northern Ireland. Lifeline also offers support for people who are worried about someone else.

For more information on Lifeline visit www.lifelinehelpline.info

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Comkit

Comkit is an interactive empathic platform that has been designed to clarify communication and the process at a time of heightened suicide concern in a community. The platform is not designed for use at a time of crisis, but is a useful awareness and educational tool to understand the implications of messaging and understanding the process that can be used throughout the year.

www.comkit.info



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