



LIVING
WELL
TOGETHER

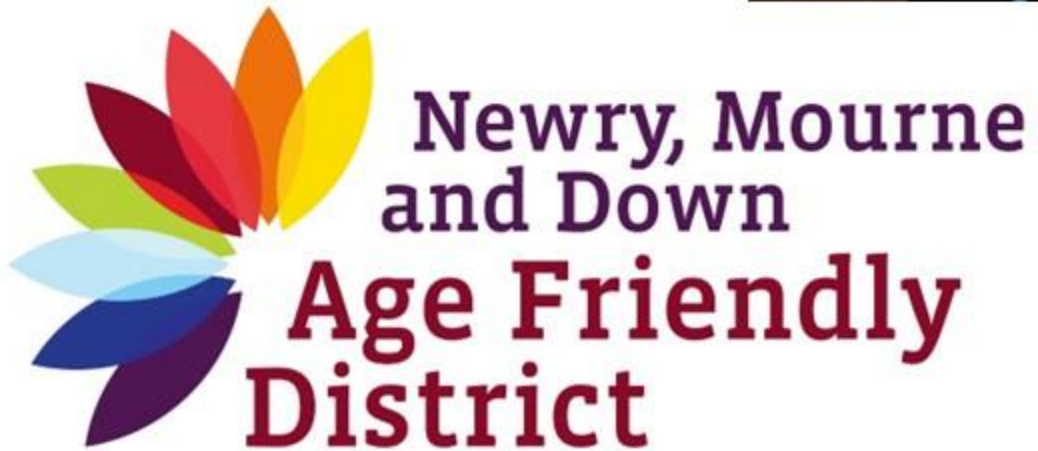
HEALTH & WELLBEING THEMATIC SUMMIT



Age Friendly

Tara Smyth

Age friendly co-ordinator, Newry Mourne and Down District Council and Age Friendly Alliance



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"Age-friendly environments foster healthy and active ageing"

World Health Organisation



Age Friendly Strategic Alliance

- Membership of the Alliance is at strategic level
- All partners have agreed to the Alliance's terms of reference
- Communication is key within the Alliance and works effectively
- The Alliance adopts a top-down, bottom-up community development structure

Age Friendly Strategy

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agus Ard Mhacha Theas
Serving Down
and South Armagh

Age-Friendly Strategy 2021-2031

Creating positive
outcomes for older people

Our Vision is

‘to make Newry, Mourne
and Down an age-friendly
district and a great place
in which to live and
grow older’.



Partnership Working

- Chatty Bench Initiative
- Dementia Friendly Communities Partnership (SEHSCT area).
- Positive Ageing Event
- Distribution of Keep Warm Packs
- Falls Prevention Roadshow (SHSCT area)
- Flood to Flourish events





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Thank you

Tara Smyth
Age Friendly Coordinator

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